

# Wasatch Powderbird Guides Heli-Ski Ability Questionnaire

1) Rate your fitness level. 10 being the most active.

0 1 2 3 4 5 6 7 8 9 10

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2) Rate your Style of skiing or riding. 10 being most aggressive

0 1 2 3 4 5 6 7 8 9 10

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3) When skiing/riding at a Utah resort how often do you ski black and double black diamonds?

Never Often Always  
0 1 2 3 4 5 6 7 8 9 10

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4) Can you make continuous linked turns in powder snow?

No Usually Absolutely  
0 1 2 3 4 5 6 7 8 9 10

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5) How comfortable do you feel on steeper slopes?

Not Very Ok I Love Steeps!!  
0 1 2 3 4 5 6 7 8 9 10

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6) Rate the pace that you most prefer.

Slower Leisurely Fast  
0 1 2 3 4 5 6 7 8 9 10

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Now add up your answers!

0-19 Sounds like you would like to gain a little more powder experience. We recommend taking a lesson with a professional ski instructor at one of Utah's resorts. After a day or two, talk with your instructor about whether or not they think you're ready to go heli-skiing!

20-45 Sounds like you have made some pretty good turns before! Heli-skiing is something we think you'd enjoy so posse up with your friends and let's go!

46-60 Sounds like you've done this before. Grab you sticks, jump in the heli, it's time to rip!