

Greenland Heli-Ski Equipment List

Current Passport (**valid for 6 months after return date)

Airline tickets

Travel insurance - We recommend Travelguard.com

Skis

Boots(some people ski with alpine touring gear so they can ski tour during bad weather days) if you ski with normal ski boots bring the boot attachment “Cat Tracks” for walking on boats etc.

Ski Poles (collapsible if you are a snowboarder)

Avalanche Transceiver with extra batteries (if you have your own ~ we will have one for you if you do not have one)

Helmet (if you wear one)

Warm Hat

Sun Hat

2 Gloves

Goggles

Sunglasses

Goretex Ski Parka

Goretex Ski Pants

Light down Jacket (or synthetic equivalent)

Fleece top layer

2 thermal underwear bottoms

2 thermal underwear tops

4 pair warm socks

Neck gaiter

Warm after ski boots

Toe/Hand warmers

Basic 1st aid kit (i.e.: blister kit, Band-Aids, ibuprofen etc.)

Toiletries (shampoo, lotion etc.)

Sunscreen/lip screen

Clothing for casual evening dining

Camera/film/extra batteries

10 or so energy bars

Small day pack (15-20 Liters) (Ortovox E-Motion 22 is a great ski pack)

Water bottle (1 liter)

Travel Alarm Clock

Light slippers if you are on the boat trip Kisaq (also nice to have around Hotel Maniitsoq)

NOTES:

AIR GREENLAND BAGGAGE ALLOWANCE: 44 lbs checked luggage, ONE piece of carry on luggage 18 lbs. NOTE! *Excess baggage to Greenland is very expensive*

- Skis-it is possible to ski both powder & spring snow in the same day, so bring ONE ski that “does it all.”
- Ski boots-carry these with you on the plane. Extra skis available but not boots!
- Weather-be prepared for temperatures ranging from -10F to 40F. Layer your clothing to accommodate changes in temperature.

- Please respect weight limitations & bring only what is necessary!
- Medications (Rx)-Pack in your carry on luggage & bring enough for your trip PLUS 1 extra week
- Maniitsoq Amenities: the village has a general department store, supermarket and a bank (with currency exchange). Electrical Outlets are 220 volts-bring a 110 converter if needed.
- Maniitsoq Hotel Phone Number- +299 81 3035 Fax # + 299 81 3377
- E-mail: booking@hotelmaniitsoq.gl
- Emergency contact phones No.
- From USA contact person is Kai Drastrup 001-299-81 38 59
- 24 hour cell no. Kai Drastup 001-299- 48 76 26

Travel Tips

If you fly through Copenhagen you will most likely have to spend the night. If you arrive late and you want to stay at the airport, there is a Hilton hotel. If you would rather spend less, there are nice hotels near the airport. If you have more time, you may want to stay in the beautiful city of Copenhagen. Hotel booking: when booking - remember in Europe a “twin room” is two single beds and a “double” is one double bed; check for hot deals through www.hotels.com or www.octopustravel.com.

For the HILTON in the airport: www.copenhagen.airporthotelguide.com

If you are going into Copenhagen, the best way to deal with your ski equipment is to leave it at the overnight storage locker or kiosk. You then can then buy a round trip train ticket into Copenhagen (ticket office in airport). This is an easy way to get in and out of the city and much less expensive than a taxi. If you are staying near the airport, you can take a taxi. If you are picking up your Air Greenland ticket at the airport, it is important that you are at the ticket counter at 07:00 AM (after you have picked up your luggage from storage).